

To be kept up to date on what's happening in our office, signup for e-mail newsletters and updates in the box above. When you subscribe you may also request to receive briefings and news alerts on specific issues.

Email:

### **NEED HELP WITH A FEDERAL AGENCY?**

If you are looking for help with a specific problem, such as an issue with your Medicaid benefits, help with the veterans administration, or help getting a passport, [please click here to send an email directly to my Constituent Services staff](#)

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### **HAVE A COMMENT OR QUESTION ON A LEGISLATIVE ISSUE?**

If you have a question about a piece of legislation in Congress, or would like to share your views on an issue with me, [please click here to send an email to my Washington office.](#)

### **WISH TO ORDER A FLAG FLOWN OVER THE CAPITOL?**

If you wish to order a flag flown over the Capitol, [please submit your flag request form.](#)

### **PLANNING A TRIP TO WASHINGTON, DC?**

If you would like our office to arrange government tours, or just wish to learn more about the sights of our Capital, [please submit your Washington, D.C., tour request form](#) .

Note: This email service is for constituents from the 8th Congressional District of Illinois only and will not accept messages from locations outside our area. Congressional courtesy dictates that Representatives be given the opportunity to assist their own constituents, thus if you reside outside the 8th District, I strongly encourage you to contact your Representative in Congress by [clicking this link to the House Write Your Representative Service.](#)

You may contact any of my offices using the information above. All e-mails will receive a

confirmation reply letting you know your message was successfully transmitted and received by my office.